# IAM PSYCHED! NATIONAL TOUR

I AM Psyched! is a multimedia pop-up exhibit—on national tour—that explores the history and contemporary contributions of women of color in psychology. In partnership with the Cummings Center for the History of Psychology and Psychology's Feminist Voices, APA's Women's Programs Office created the exhibit to engage young women of color in exploring how psychology benefits daily life. For more information on the tour schedule, the project, and our generous sponsors and contributors, see on.apa.org/i-am-psyched.

Take a SELF-GUIDED TOUR of the exhibit See details on next page

We hope this history inspires you!

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#IamPsychedTour

**Inspiring Histories, Inspiring Lives** Women of Color in Psychology

at the University of Houston

MD Anderson Library, 2nd Floor

January 22 — 30, 2018

See schedule on next page

You can access exhibit materials online, such as a video of discussions between young women and girls and women psychologists, as well as activities that can be used by both high school and college teachers. If you are interested in hosting I am Psyched!, the physical exhibit can also be packaged, shipped, and easily set up in other locations.

Contact the APA Women's Programs Office for more information at womensprograms@apa.org









## I am Psyched! exhibit: SELF-GUIDED TOUR

## Panel 1: Inspiring History, Inspiring Lives: Women of Color in Psychology

Each of these photos tells a story about women of color in the history of psychology. The photo of the 1914 Wilberforce Psychology Club is one of the earliest visual records of students of color engaging with psychology. Taken over 50 years later, the photo of the participants at the Institute on Teaching the History of Psychology in 1968 includes 35 people but only one woman of color: Dr. Keturah Whitehurst. What questions come up for you?

#### Panel 2: Paving the Way

This panel features three psychologists who paved the way for others as the first African American women, and the first Latina, to be awarded PhDs. Watch the video about Dr. Ruth Howard's life and accomplishments.

Take a footprint, write down who paved the way for you and why, and place it on the path.

### TWEETATHON:

Join the conversation.

Use #IamPsychedTour. Top sharers win.

### Panel 3: Transforming Society

This panel features Dr. Mamie Phipps Clark, who studied children's racial identities. Her work was used in the 1954 Supreme Court decision that made the segregation of schools on the basis of race unconstitutional. Watch the video and reflect on stereotypes in terms of gender, race, class, ethnicity, sexual identity/orientation, and disability.

What psychological research is now being done that can help us identify and overcome these stereotypes?

#### Panel 4: Finding Your Passion

Three psychologists are featured who have used their passion for psychology to make important policy changes and improve psychosocial services. What's one word that captures what you are passionate about in your work or life? Write it on the flip pad provided, and as the word lists grow, we'll generate a digital word cloud and post it to social media.

#### Panel 5: This Is What a Psychologist Looks Like

Women of color work in all areas of psychology, from social, to cognitive, to clinical. Explore their stories and watch the video of some of these psychologists talking about how they got into the field and what inspires their research.

What areas of psychology interest you?

The University of Houston kicked off the year with the Provost Summer Read Program's selection of *Hidden Figures*. You've read the book, heard Margot Lee Shetterly speak about it, and seen the film. Now meet some of the hidden figures of psychology by visiting the I am Psyched! exhibit on the 2nd floor of the MD Anderson Library January 22–30.

#### **Exhibit Schedule**

**January 22**Noon — 1:45 a.m.

**January 29** 6 a.m. — 1:45 a.m.

**January 23 — 25** 6 a.m. — 1:45 a.m.

January 30 6 a.m. — noon

**January 26** 6 a.m. — 9:45 p.m.

January 27

**January 28** 10 a.m. — 1:45 a.m.

8 a.m. — 7:45 p.m.





